



# PE CCA Department

## Vision

Healthy Body and Healthy Mind

## Mission

To empower students to feel good about themselves through involvement in sports and recreational endeavours for personal excellence in life.



# Our Team

Head of Department:  
Mdm Rozana

Senior Teacher:  
Mr Bernard Tan

and other PE Teachers:

Mrs Pauline Tan, Miss Daisy Ng, Mdm Hazel Han,  
Ms Charlene Lee, Mr Farhan



# E3 Approach

## ✓ Experience:

All students are given opportunity to participate in schoolwide activities.

## ✓ Enrich:

Level activities are planned to further enhance students' experience.

## ✓ Excel:

Students who have the aptitude and are keen to further develop their talent are invited to join developmental teams.



# Learning Outcomes

- 3 domains - psychomotor, cognitive and affective
- Learning areas - games & sports, gymnastics, dance, outdoor education and physical health & fitness
- Termly report of students' achievement of the Learning Outcomes (LOs)



# Physical Education (PE) Programme





# Programme for Active Learning (PAL)

- Experiential in nature
- Facilitate well-rounded development of students in the 5 learning domains - cognitive, moral, social, aesthetics and physical
- Develop students' social-emotional competencies
- Modules: Drama, Visual Arts, Traditional Games and Outdoor Education





Programme for Active Learning (PAL)





