



# SMART GOALS

Name : ..... Class : .....

**MY GOAL IS :**

**SPECIFIC**

What do I want to achieve?



**MEASURABLE**

How will I know when I have achieved my goal?



**ATTAINABLE**

Are my goals realistic and attainable?



**RELEVANT**

Why is my goal important to me?



**TIME-BOUND**

What is my deadline for this goal?

