



# Convent of the Holy Infant Jesus (Katong) Primary

*Our Vision - From girls to women of grace and substance*

*Our Motto - Simple in Virtue, Steadfast in Duty*

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Ref: CCE/JT/09/18  
29 Jan 2018

Dear Parents/ Guardians

## **MOE SEXUALITY EDUCATION IN SCHOOLS - THE GROWING YEARS PROGRAMME**

Sexuality Education (SEd) in schools is about enabling students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

2. The goals of Sexuality Education are:

- (i) To help students make wise, responsible and informed decisions through the provision of accurate, current and age-appropriate knowledge on human sexuality and the consequences of sexual activity;
- (ii) To help students know themselves and build healthy and rewarding relationships through the acquisition of social and emotional skills of self-awareness, management of their thoughts, feelings and behaviours, development of empathy for others, possession of effective communication, problem-solving and decision-making skills; and

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(iii) To help students develop a moral compass, respect for themselves and for others as sexual beings, premised on the family as the basic unit of society, through the inculcation of positive mainstream values and attitudes about sexuality.

3. The key messages of Sexuality Education are:

- (i) Love and respect yourself as you love and respect others;
- (ii) Build positive relationships based on love and respect (which are the foundation for strong families);
- (iii) Make responsible decisions for yourself, your family and society; and
- (iv) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.

4. Please see Annex A or visit the school's Sexuality Education webpage (<http://chijkcp.moe.edu.sg/parents-portal/sexuality-education-programme>) for more information on CHIJ (Katong) Primary School's Sexuality Education Programme for 2018.

5. Please contact our Sexuality Education Coordinator, Mrs Singh, at [balwindar\\_singh@moe.edu.sg](mailto:balwindar_singh@moe.edu.sg) or 63443072 if you would like to seek clarifications.

6. Thank you.

Yours faithfully,

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Mrs Judina Cheong  
Principal

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**[Acknowledgement of Letter (For all P5 and P6 parents)]**

Dear Mrs Judina Cheong

**THE GROWING YEARS PROGRAMME FOR YEAR 2018**

I acknowledge receipt of letter from the school dated on 29/01/18 regarding the school's sexuality education, *Growing Years* programme that will be taught in 2018. I have read and understood the information provided on the content coverage and delivery of the programme.

\_\_\_\_\_  
*Parent's / Guardian's Name & Signature*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*(Child's Name)* ( )

\_\_\_\_\_  
*Class*